

**Chief of Staff  
Revitalization/Extension  
Department of New Mexico**

**Remember the duty we owe to one another**

**I would like to remind us all of our purpose as an Auxiliary, which is to serve veterans and their families.**

**Loyalty to each other will promote loyalty to the work in which we are engaged.**

**Give them courage, strength and a will to forego personal ambitions and strive only to serve others.**

These are all statements in your Auxiliary Podium Edition.

Sometimes life encroaches. We all get marred down in the day-to-day obligations that everyone has whether that is work, life, or Auxiliary.

Its easy to say work together with your Auxiliary member and Post to volunteer and help Veterans and their families. It's a lot harder to put those words into actions.

Try to keep a healthy balance with all your activities. Set boundaries with between your life and the Auxiliary. Organize your time by prioritizing your tasks. Practice mindfulness by engaging in regular physical activity and remember to be flexible, adapt and adjust your schedule to work with others.

When working with other members remember to keep one thing in mind; make the other person feel significant. We don't have to be the greatest of friends but we do need to make sure that when those members are speaking to pay attention and to realize that everyone can teach us something. The best action though is a step of communication; summarize what that member has stated to make sure that you understand what that member is saying and ask questions to determine if your understanding is actually what is being said.

Its easy to write these words and hope you can think about what is happening within your Auxiliary, Post or life but please keep in mind it is something that you can and have done before.

Remember that time you agreed to be the maid of honor for your best friend and she turned out to be the biggest bridezilla ever.



Exactly!

You got the job done. The bride hopefully is still married so you never have to do it again and though your friendship might have changed you are still able to hold a significant conversation with her.

We are all members whose job is to support veterans and their families. Go forth and remember our mission is just that.